

**21 Days of
Refreshing,
Miracles &
Blessing
Prayer Guide**

Matthew 11:28-30

“Come to Me, all who are weary and heavily burdened [by religious rituals that provide no peace], and I will give you rest [REFRESHING for your souls with salvation]. Take My yoke upon you and learn from Me [following Me as My disciple], for I am gentle and humble in heart, and you will find rest (renewal, blessed quiet) for your souls. For My yoke is easy [to bear] and My burden is light.”

Isaiah 28:11-12

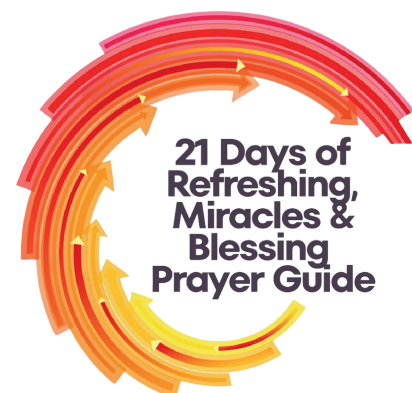
For with stammering lips and another tongue will he speak to this people. To whom he said, This is the rest wherewith ye may cause the weary to rest; and this is the REFRESHING: yet they would not hear.

Galatians 3:5

“God gives you His Spirit and works MIRACLES among you...”

Psalms 103:1-5

Bless the Lord, my soul, and all that is within me, bless His holy name. Bless the Lord, my soul, and do not forget any of His BLESSINGS; Who pardons all your guilt, Who heals all your diseases; Who redeems your life from the pit, Who crowns you with favor and compassion; Who satisfies your years with good things, So that your youth is renewed like the eagle.



Our understanding of prayer makes a difference in our lives.

A proper understanding of prayer transcends the spiritual life of uncertainty, struggle and weakness and to experience the dynamic life of peaceful confidence and absolute Joy.

Together, we learn the powerful truths of Christ's redemption that allow us to tap into the rich realities of friendship with God and Ministry in a hurting world.

It is our knowledge of Christ and His redemptive work that generates in us, His faith. Our prayer life is governed by Christ's redemptive truths. This understanding transforms the prayer ritual into a powerful relationship. Discover a new level of community and power with God.

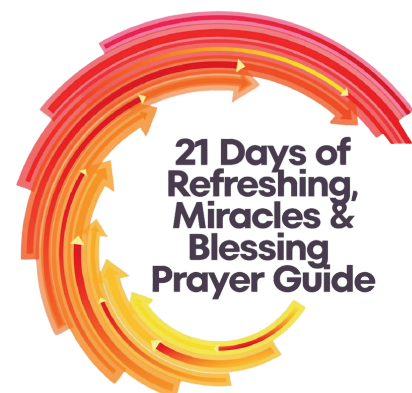
Prayer has been complicated and ritualized by religion. When understood, biblical prayer is as natural as breathing. But usually, it is a final agonizing cry for divine help, a barrage of desperate pleadings, or a torrent of meaningless verbiage.

For prayer to be meaningful and inspiring, the redemptive blessings that Christ has provided for believers through His sacrifice must become living realities. The purpose of this guide is to motivate that result. Be lifted from the boredom of long, monotonous, pleading prayers into a family relationship with the Father.

Prayer in its most biblical essence is simply one's relationship with God. The basic concept of prayer is expressed in Hebrew and Greek. Scriptural new covenant prayer is never begging and pleading for blessings and gifts. When we discover this reality, our prayer times become spiritual feasts instead of ritual boredom.

Too many people are pleading with God:

1. Asking Him to do what He already accomplished through Christ's sacrifice
2. Asking Him to do what He already commissioned us to do.



Prayer is a time of communion and fellowship with the Father, not a time to beseech Him with a barrage of solicitations and petitions. Jesus said, "your Father knows what things you need of before you ask Him", Matthew 6:8.

But prayer is integral to the believer's relationship with God- every hour of every day.

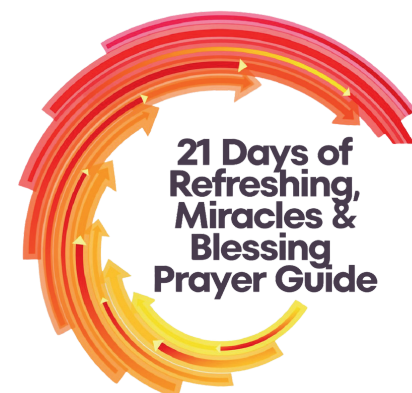
So if we don't need to pray for God to do what He already accomplished, and if we do not need to ask Him to do what He sent us to do, then how are we to pray and what are we to pray for?

When we kneel at God's throne of Grace, Hebrews 4:16, we drink from His presence and absorb his life and compassion so that we can represent His fullness to people.
John 1:16.

It can take some time to stop praying for blessings that are already provided, 2 Peter 1:3-4, and to stop beseeching God to do what He has already done, or what He has commissioned us to do. However, when we move into the realm of communion and fellowship with the Father, our friendship and camaraderie with Him will become a love feast at the table of abundance for His royal family.

Prayer for us is:

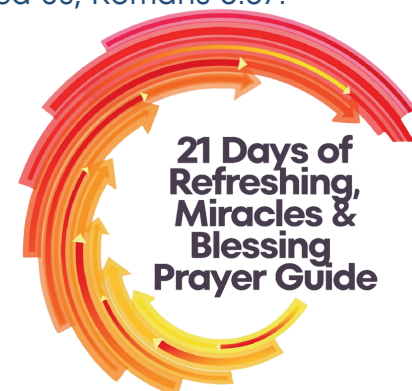
- *Visiting with the Father while He conditions our spirits for effective living and ministry.
- *Rethinking His word, visualizing His plan, conceptualizing His objectives, remembering why Christ came and what He accomplished, pondering afresh His total defeat of Satan.
- *Contemplating the Holy Spirit at work in us, which is what makes our Gospel witness effective.
- *Envisioning our calling, our position, our rights, our mandate, our reasons for believing and being His partner and friend.



7 PRAYER PRIORITIES

THIS IS HOW WE PRAY

1. On our knees, we worship the Lord and we commune with Him. We meditate on His word and on His ideas. Then we attune our spirits and our emotions to His Holy Spirit for action in His will. We align our plans with His
2. We adapt our perception of people to what His redemption has made possible for each individual. We absorb His love so that we can witness of Him effectively. We thank Him for His gifts and for trusting us as His interpreters.
3. We correlate our spirit with His attitude toward people. We reform our notions to harmonize with His word. We assimilate His faith, hope and love expressed in the Scriptures. We ponder His dreams to be enacted through us. We contemplate how much He needs us and believes in us as His associates in reaching the world.
4. We pour our plans and our concepts before Him, and then we listen for the response of His word and of His Spirit. We conform our agendas to His guidance so that we can remain occupied in fulfilling His will.
5. We drink from His Spirit. We are inspired by His vision, His love and His compassion. We let it infuse us so that He can speak effectively through our lips, touch with our hands, walk in our feet, embrace with our arms, hear with our ears and see with our eyes. He said, "I will dwell in you, and walk in you.. I will be a Father to you and you will be My child". 2 Corinthians 6:16 & 18
6. We rejoice in the presence and power of Christ, alive in us. We recommit ourselves as His witnesses, knowing that He always causes us to triumph, 2 Corinthians 2:14. This is the way we wrestle against principles and spiritual wickedness in high places. This is how we fight the good fight of Faith. This is the way we prepare ourselves to persuade people about Christ, as the Apostle Paul did. Acts 13:43; 18:4,13; 19:8; 28:23; 2 Corinthians 5:11
7. We thank the Lord Jesus for fighting our battles and for winning the spiritual warfare on our behalf. Isaiah 40:1-2. He triumphed in our names. He has delivered us from the power of darkness and has translated us into the kingdom of His dear Son, Colossians 1:13:14. He spoiled principalities and powers, and has made us show of them openly, having triumphed over them, Colossians 2:15. We rehearse those triumphs and we thank Him that as His co-workers and interpreters. He has made us more than a conqueror through Him who loved us, Romans 8:37.



21 DAY PRAYER GUIDE:

**This is a guide for daily communion & fellowship with the Father.*

**It is not a word-for-word prayer to read & repeat, but a guide to bring focus on specific truths of prayer for our lives today.*

**The purpose of this prayer guide is to establish good prayer habits over the next 21 days, that stay with us for years to come.*

Day 1.

Prayer is being infused by God's love. It is contemplating His divine plans and His Good Will for people, and our part in it all.

Jeremiah 31:3, Romans 5:8, James 1:17, 2 Peter 1:2-4, 1 John 3:1

Day 2.

Prayer is being transfused by the breath of God's life for loving service in His purposes. It is resonating with God's heartbeat and harmonizing with His dreams. This materializes His fullness in our lives for the blessing of others.

Isaiah 42:6-7, Isaiah 52:7-8, Jeremiah 33:3, Luke 18:1, Romans 8:26-28

Day 3.

Prayer is expressing gratitude for being chosen as a partner with the Father, in His love mission to humanity.

Acts 1:8, 2 Corinthians 5:14, 1 John 3:16

Day 4.

Prayer is absorbing our Lord's compassion and being baptized in His emotion until our heartbeat is in rhythm with His love plan.

Psalms 62:5, John 3:16, John 7:17, 1 Corinthians 2:14, 2 Corinthians 4:6-7, 2 Timothy 1:7-9

Day 5.

Prayer is synchronizing our objectives with the Lord's, resolving to accomplish His purpose among people.

Psalms 62:5, 1 Corinthians 2:14-15, 2 Corinthians 4:6-7, 2 Timothy 1:7-9

Day 6.

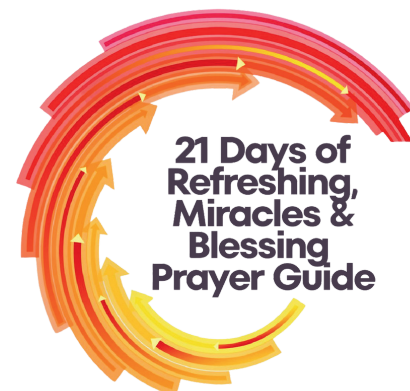
Prayer is reflecting on what God's word says about our priorities, and then it is conforming our conduct to His ideals.

Isaiah 42:16, John 20:21-22, 2 Thessalonians 1:11-12

Day 7.

Prayer is projecting action for continuing today what Jesus began during His earthly ministry.

John 14:12, Philippians 3:12, Philippians 3:12-14, 1 Thessalonians 2:4



Day 8.

Prayer is harmonizing our spirit and emotions with the Holy Spirit, until His plan alone becomes our priority.

Matthew 6:33, John 14:21, John 15:8, Hebrews 12:1-2

Day 9.

Prayer is assessing our ideas, then correlating them with the facts of Christ's redemption - with who He made us to be and what He sent us to do.

Psalms 1:1-2, Romans 8:26-27, Romans 12:1-2, 2 Corinthians 2:14-15, 2 Corinthians 5:17-18

Day 10.

Prayer is contemplating how Christ in us affects others through our lives, our words and our deeds.

Matthew 5:14-16, 1 Timothy 4:12, Titus 2:7-8, 1 Peter 2:9

Day 11.

Prayer is assimilating God's love so that we minister His healing balm effectively in the wounds of people around us.

Matthew 5:44, Mark 12:31, John 15:10, 2 Corinthians 5:14-15, 1 John 4:10-12, 16, 19

Day 12.

Prayer is worshiping our Lord for all that He is, for His greatness, for His love and for his wondrous deeds.

1 Chronicles 16:29-31, Psalms 95:6, Psalm 96:9, Jeremiah 32:17, John 4:24

Day 13.

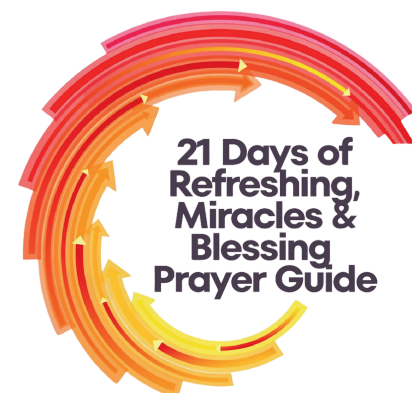
Prayer is expressing gratefulness to God for His redeeming plan and for all that He has freely provided.

Isaiah 53:4-5, Psalm 103:1-5, Hebrews 12:14-15

Day 14.

Prayer is contemplating the inexpressible grace of God toward us while we were yet sinners.

John 1:14-16, Acts 15:11, Romans 3:23, 5:2 & 8, Romans 4:7, 2 Timothy 1:9



Day 15.

Prayer is internalizing Christ's life and being energized by His Spirit for Royal Ministry to people.

John 15:26, John 16:13-15, Acts 1:8, Acts 2:28, Romans 6:4, Romans 8:10-11, Galatians 2:20, 2 Peter 1:3-4

Day 16.

Prayer is thanking God for His gifts and callings; it is listening for His direction about how to express them for the benefit of others.

1 Corinthians 1:26:31, 1 Corinthians 12:31, 1 Corinthians 14:12, Ephesians 1:18:19, 2 Thessalonians 1:11-12, 2 Timothy 1:9

Day 17.

Prayer is unveiling our disposition before Christ, harmonizing our attitude with His, so that His love is exhibited through us and not our own prejudices.

Isaiah 42:6-7, Isaiah 52:7-8, Isaiah 60:19-21, 1 Corinthians 1:9, Colossians 2:9-10, 2 Peter 3:9

Day 18.

Prayer is synchronizing our emotions with the Master, aligning our attitude with His, so that we will never contradict the gospel that we share by negative behaviour or discrimination.

Psalms 112:9, Luke 14:13-14, 1 Corinthians 11:1, 2 Corinthians 9:8-9

Day 19.

Prayer is appropriating Christ's faith, hope and love, allowing His dreams to be engendered in our spirits, and then actualized through our lives.

John 14:21, 27, Romans 1:17, Romans 8:28, Hebrews 12:2, 1 Peter 1:7-9, 1 John 5:4-5.

Day 20.

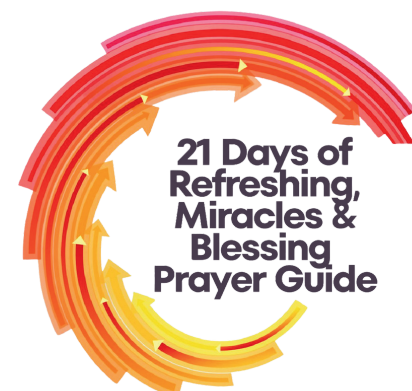
Prayer is being immersed in God's love and compassion toward the unbeliever so that no one will be excluded or marginalized by our conduct or by the words of our witness.

Mark 12:30-31, Romans 12:19-21, 2 Corinthians 5:14, 18 - 20, 1st John 4:21

Day 21.

Prayer is interceding for the needs of other believers and ministers, and listening for God's ideas about what we can do to be part of His answer.

Acts 12:5, Ephesians 4:14-19, Ephesians 6:18, Philippians 1:3-4, Colossians 1:3-5, 2 Thessalonians 3:1-2



EXTRA:

Prayer is bidirectional communion with the Father, expressing our plans and goals to Him, then listening for His response and guidance so that His agenda will be fulfilled through us.

Psalm 73:24-26, Psalm 12:14, 143:10, Proverbs 3:5-6, Isaiah 30:21, John 16:13-14

EXTRA:

Prayer is correlating our agenda with God's love plan for the world of people whom Christ died to save.

Isaiah 43:2-3, John 13:34, 15:15-16, Romans 8:28-31, Colossians 3:16 - 17, 2 Timothy 1:9-10, 1 Peter 2:9, 2 Peter 1:2-4, 8, 10

EXTRA:

Prayer is pondering ways to be personally involved, actualizing the Lord's love plan in the lives of others.

1 Corinthians 3:9, 2 Corinthians 5:20, 2 Corinthians 6:1, Ephesians 2:10, Philippians 2:13

